



Recreation Guide

Winter/Spring 2017

**ONLINE REGISTRATION
Begins December 7**

**IN-PERSON &
MAIL-IN REGISTRATION
Begins December 19**

Winter/Spring Special Events

**Sledding Party
January 28**

**Easter Basket Hunt
March 30-April 13**

**Bunny Lunch
April 8**

**Easter "Eggs"travaganza
April 8**

**Community Rummage Sale
May 5 & 6**

**Zumbathon
May 6**

See Pages 5 & 6 for details

Welcome to the Village of Sussex Parks & Recreation 2017 Winter/Spring Recreation Guide.

The new Civic Campus building is now open and our programs are in full swing in the new space. We have many great rooms to host our programs in and the participants are settling in nicely to the beautiful new building. Not only are we able to offer more programs, but we also have several new rentable spaces that we are now taking applications for. These spaces come in all sizes, for a variety of uses. We look forward to continue growing our programs, relocate our special events and share the Civic Center with you in 2017. See you there!

If you have any questions or comments please contact the Parks and Recreation Department in our new location at 262-246-5200 or email us at recinfo@villagesussex.org.

Your leaders of fun,



Sasha Darby
Parks & Recreation Director
sdarby@villagesussex.org



Megan Sackett
Deputy Parks & Recreation Director
msackett@villagesussex.org



Jean Horner
Senior Program Coordinator
jhorner@villagesussex.org



Kristy Pralle
Administrative Assistant
kpralle@villagesussex.org



Cari Kehl
Administrative Assistant
ckehl@villagesussex.org



Kim Angelroth
Administrative Assistant
kangelroth@villagesussex.org



Inside This Issue

- Registration Information..... 3
- Parks, Facilities & Amenities3
- Registration Form 4
- Special Events..... 5
- Youth Enrichment..... 8
- Preschool Programs.....9
- Youth Sports10
- Active Adults.....11
- Adult Trips.....14
- Senior Programming15
- Adult Enrichment16
- Facility Rental Information17
- Recreation Department Policies19

General Office Hours

8 am to 5 pm Monday–Friday

Village Offices Closed

Friday, December 23 & Monday, December 26
 Friday, December 30 (Open for tax collection only)
 Monday, January 2, 2017
 Friday, April 14 (Good Friday)
 Monday, May 29, 2017 (Memorial Day)

Find us online!



Sussex Civic Center

N64W23760 Main Street

Sussex, WI 53089

Phone (262) 246-5200

Fax (262) 246-5222

Five Easy Ways to Register . . .

- 1 Online**
 Register online at <https://apm.activecommunities.com/sussexrec/home>. After setting up an account, you're ready to enroll in our programs. Processing fees apply, which are non-refundable.
- 2 By Mail**
 Mail completed registration form along with payment or credit card information to: Sussex Civic Center, N64W23760 Main Street, Sussex, WI 53089. We accept Visa, MasterCard, Discover and American Express.
- 3 24-Hour Drop Box**
 Drop your completed registration form and payment (in a sealed envelope) into the drop box at the Sussex Civic Center inside the north entrance vestibule.
- 4 Fax**
 Fax your completed registration form to 262-246-5222 24 hours a day, seven days a week. Faxed registrations must use the credit card option for payment.
- 5 In Person**
 Register in person at the Sussex Civic Center, N64W23760 Main Street, Sussex, from 8 am to 5 pm Monday-Friday. Please complete your registration form and payment method prior to your arrival.

Why Register Online?

- Online registration is safe and secure.
- Register and pay at your convenience—anytime, anywhere.
- Instantly know program availability.
- Register, pay and immediately receive a receipt.
- There is no need to fill out registration forms, initially or time after time.
- Monitor and/or manage your daily, weekly or monthly activity schedules.
- Track your family's participation and history.

Be an Early Bird

The decision to hold classes is determined at least one week prior to the start of the program. Therefore, the Recreation Department needs an early indication of how many people will be enrolled in a particular program. If classes do not meet the minimum registration requirements, they may be cancelled or combined.

Village Parks, Facilities & Amenities																	
Parks, Facilities & Amenities	Acres	Ball Diamonds	Basketball	Ice Skating	Sledding	Nature Trails	Playfield/Open Space	Picnic Area	Playground	Restroom	Shelter	Tennis Courts	Volleyball	Skate Park	Water Fountain	Soccer	Disc Golf
Armory Park (W239N5664 Maple Ave)	28	x		x		x	x	x	x	x	x		x	x	x	x	
Butler Wetlands (W240N7085 Maple Ave)	40																
Coldwater Creek (N78W23152 Coldwater Dr)	2						x	x	x						x		
Grogan Park (W245N6697 Grogan Dr)	13		x				x	x	x								
Madeline Park (N65W23284 Elm Dr)	7						x										
Melinda Weaver Park (W239N6046 Maple Ave)	2		x									x					
Mapleway Park (W239N6776 Maple Ave)	9					x		x	x								
Old Brooke Square (N63W23713 Main St)	1					x									x		
Prides Crossing (N70W23483 Prides Rd)	7		x			x	x	x	x								
Ridgeview Park (N75W23416 Water Tower Ct)	3							x	x								
Spring Green Park (N60W23548 Clover Dr)	7					x	x	x	x								
Stonewood Estates (W245N7336 Stonefield Dr)	2						x	x	x						x		
Sussex Nature Preserve (N72W22924 Good Hope Rd)	71																
Village Park (N63W24459 Main St)	75	x			x	x	x	x	x	x	x	x	x		x		x
Weyer Park (N64W23760 Main St)	7						x	x	x	x					x		



Sussex Parks and Recreation Department Registration Form



262-246-5200 Office

262-246-5222 Fax

www.villagesussex.org

recinfo@villagesussex.org

Parent/Guardian or Adult Participant Name: _____ Adult Date of Birth: _____
Last Name First Name (s) (ex. 01/01/1960)

Address: _____ City: _____ State: _____ Zip: _____

Phone: () _____ Cell: () _____ E-mail address: _____

Emergency Name: _____ Relationship to Participant: _____ Phone: () _____

I/We _____ would like to **volunteer coach or assist** with the following: _____
Name of volunteer (s) Program (s)

Americans With Disabilities Act - The Village of Sussex complies with the Americans with Disabilities Act and will make reasonable modifications to support inclusive recreation participation. The Recreation Department requests ample notice regarding special assistance needs. This will allow our department proper planning time to accommodate special assistance needs. For answers to your questions about recreation inclusion, call Megan Sackett at 262-246-5200 or e-mail Megan at msackett@villagesussex.org. I/We need reasonable modifications to participate in recreational programming.
Circle one: Yes No

Class/Trip ID# Example: 1118.0 Found in each Description.	Program Name Example: senior fitness, t-ball, coach pitch	First Name of Participant (s) Note: If last name of child is different from parent listed above, please provide the child's last name.	Male Female Circle One	Date of Birth Required for everyone. Youth Adults Senior Citizens	Age	Grade	T-Shirt Size Youth Team Sports YS - 6-8 YM - 10-12 YL - 14-16 Adults S, M, L, XL, XXL	Fee/Cost Be sure to submit the appropriate fees.
			M F					
			M F					
			M F					
			M F					
			M F					
			M F					

Transaction TOTAL

Payment Method (Check all that apply.)
 Checks Payable to: **Village of Sussex**
 Cash
 Gift Certificate
 Credit Card
 If for any reason payment is returned as "not payable" a service fee of \$30 is charged for each returned submission. Full payment plus accrued service fees must be paid in full to become registered.

Statement of Liability and Understanding
 The undersigned, participant (adult), parent/guardian or a designee do hereby understand that I have registered the individuals herein to participate in the aforementioned activities. I further agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand the requested programs, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Village of Sussex. I have read and agree to the registration and related policies, procedures and/or guidelines. I understand that any intentional misrepresentation about residency or age will result in removal from programming (forfeiting all fees/costs). I agree to provide proof of residency upon request. I read the enclosed and accept. By signing this, I agree to comply with the Code of Conduct policy set forth by the Village of Sussex and will accept the ramifications should I not adhere to it. By signing this form, you are stating that you understand the importance of recognizing and responding to the signs, symptoms and behaviors of a concussion or head injury and have read the Parent Concussion and Head Injury information on the Village of Sussex website. I agree that my child must be removed from practice/play if a concussion is suspected and seek medical treatment. **Adult Participant, Parent/Guardian, or an Adult Designee Signature is required for this registration to be valid.**

 Signature Date

Required Information for Credit Card Transactions (write legibly)
*This credit card information is required for mail-in, drop-box & faxed registrations.
 Present credit card for immediate processing.*

Circle One: Visa MasterCard Discover American Express Total amount to be applied to card: _____

Card #: _____ Expiration Date: _____

Entire name is it appears on the credit card (please print legibly): _____

I Cardholder acknowledges receipt of goods and/or services in the amount of the Total shown hereon and agrees to perform the obligations set forth in the Cardholder's agreement with the Issuer.

Signature (REQUIRED): _____ (This portion of the form will be destroyed after transaction is complete.)

Sledding Party

Saturday, January 28
1-3 pm
Sussex Village Park
Fee: Free

Sponsored By:
 QuadGraphics



This event is a blast and it is **FREE** to participants of all ages! Enjoy the hilly, white and slippery terrain and cool, crisp air while finding your adventurous side. Bring your sled, toboggan or tube and get ready for an afternoon of traditional fun among family and friends. Eat and drink sweet treats while listening to a variety of family-friendly music. Participate in the snowman building contest for a chance to win prizes. For those shivering moments, warm up, make a craft or use the restroom in the Lion's Building at the top of the hill.

If we do not have enough snow on January 28, the party will be held on Saturday, February 18.

Easter Basket Hunt

March 30-April 13
New clues posted every Tuesday & Thursday at 4 pm until the basket is found



Use your detective skills and become a sleuth to find the laminated picture of an Easter basket that will be hidden in Sussex.

Clues will be posted on the Village of Sussex Facebook and Twitter pages, and the Village website home page, every Tuesday and Thursday at 4 pm. Find the laminated picture of a Easter basket and receive a real Easter basket filled with goodies at the Civic Center. **New clues will be posted every Tuesday and Thursday at 4 pm until the basket is found.**

Easter "Eggs"travaganza

Saturday, April 8
Starts at 1 pm
Lisbon Community Park
N78W26970 Bartlet Parkway
Free Event!
No pre-registration necessary



The Easter "Eggs"travaganza is an annual special event sponsored by the Village of Sussex, Town of Lisbon, and area businesses and organizations. We come together to offer candy and treats to our little visitors as they hop down the trail, with a chance to find eggs and the bunny at the end of the trail. **This event is held outdoors, so please dress for the weather.**

Bunny Lunch



All Ages
Saturday, April 8
11 am-12:30 pm
Sussex Civic Center
\$6 R & NR
Program # 1604.1
Register by April 3

Hop on over to eat a "kid-friendly" lunch and play springtime-themed games geared towards children ages 8 and under. Mr. E. Bunny will make an appearance and you can have your picture taken with him.

The \$6 pre-registration fee includes lunch, a picture with the Easter Bunny, game tickets, crafts and a chance to win an Easter Basket filled with goodies.

Ticket packets will be available at the greeting table on the day of the event under the reserving party's last name.



Market moving to the Civic Center in 2017!
Watch the Village of Sussex website or the Sussex Farmers Market Facebook page for full 2017 market information.

Community Rummage Sale

Friday, May 5 & Saturday, May 6
8 am–3 pm
\$5/Location
Program # 1603.0

Reduce clutter around the house and make some money at the same time by taking part in the 3rd annual Sussex Area Rummage Sale. For the low cost of \$5, your rummage sale will be included on a map. Event will be held rain or shine.

GET YOUR
RID OF
STUFF

Don't delay ... Start thinking about it today! The deadline to sign-up for this event is Wednesday, April 12, 2017, to ensure you are included on the map. The map will contain the location of each sale along with a short description of items to be sold. Maps will be available at Sussex Civic Center, Sussex Village Hall or online at www.villagesussex.org.

Register online or at the Sussex Civic Center. If you have questions, email them to recinfo@villagesussex.org or call the Sussex Civic Center office at 262-246-5200.



Saturday, May 6
1–3 pm
Sussex Civic Center
\$10/person or \$15/person (includes a T-shirt)

The Village of Sussex invites you to our 4th annual Zumbathon!

We believe that no child should be excluded from a recreational opportunity because of financial need. Join us for dance party in an effort to raise funds so we can continue to offer our scholarship program in the community. This Zumba fitness fiesta includes a dance party, snacks, water and raffle prizes.

Class # 1699.1 \$10/person
Class # 1699.2 \$15/person (includes a T-shirt)

Onsite registration available on day of event for \$15/person (does NOT include T-shirt). Extra T-shirts may be available for purchase at the event.

Birthday Parties

Sit back, relax and let us do the work for your child's birthday party. We will take care of everything, from playing age-appropriate games, creating crafts and serving flavorful cupcakes—all based around one of the themes we offer:

- HAWAIIAN
- Pirates
- OUTER SPACE
- Sledding/Winter Fun
- Sports
- Princess
- Safari
- Harry Potter
- DETECTIVE
- Spa
- CONSTRUCTION

The base fee is for a 1-1/2-hour party for seven children. Full details and application forms are available at the Sussex Civic Center. Submit your application with a \$25 deposit and we will schedule a birthday party that is just right for you. *Birthday parties must be scheduled at least two weeks prior to the intended party date.*

Base fee: \$150 R, \$165 NR
Additional fees for additional time and guests



Appreciation Walk for the Bugline Trail on Earth Day Saturday April 22

- Learn the history of the Bugline Trail
- Learn to identify trees
- Meet some of your Sussex neighbors
- Kids can participate in a scavenger hunt as we walk

Meet at Main Street and CR F at 10 am Saturday, April 22, and walk to Village Park where we will enjoy hot cider and treats.

If you would like a shorter walk, meet us at the Bugline entrance at Maple and Main Street at 9:15 am.

Email SussexGreenTeam@gmail.com for more information



IN MEMORY OF STEVE HAASCH, a long-time resident of Sussex and supporter of the Sussex Parks and Recreation Department who passed away this past March, we would like to say thank you and share a little bit about the man known to many as “Music Man.”

Steve Haasch was born on June 3, 1959, to parents Mary and Francis Haasch, the first of their six children. Steve first attended Sussex Main Street-Orchard Drive School and later went to Maple Avenue School and graduated from Templeton Middle School in 1973. He then went on to become a member of the Hamilton Graduating Class of 1977.

Steve’s work took him into computers and electronics, but his love for music soon got him into arranging and recording. Steve started participating in the annual Sussex Fourth of July Kiddie parade over 25 years ago and was known to most as the “Music Man.” He then expanded his talents as “Music Man” to the annual evening Fourth of July fireworks. Steve’s specialty was to have the patriotic classical and semi-classical recorded music ringing throughout the park with a crescendo of the 1812 Overture being played during the fireworks display. A personal favorite was John Wayne’s “America, Why I love her.”

Over the years, Steve also volunteered for events like the Classic Car Cruise Night, Spooky Sussex and the Holiday Tree Lighting.

Steve Haasch was also a long-time member of the Sussex Old Engine Club and a charter member of the Sussex Lisbon Area Historical Society.

Thank you Steve for all your service to our community. You are greatly missed.



Village of Sussex Park & Recreation Board

The Park & Recreation Board meets at 6:30 pm every 3rd Tuesday of the month at the Sussex Civic Center.

Contact your Park & Recreation Board with any ideas and input about what will benefit the Village of Sussex Parks and Recreation Services.

Your representatives are:

Bob Fourness, Chairperson	
Kelly Tetting	Chris Prange-Morgan
Don Spenner	Anne Golding
Wendy Stallings	

Family owned & operated since 1953



N63 W23991 Main Street • Sussex, WI 53089
(corner of Main Street & Maple Ave)



262-246-3410



Tumbling & Cheer



Learn to flip, jump, and twirl with Heat Athletics!

All classes held at Heat Athletics, N64W22480 Main Street in Sussex.

Tiny Tumbling, Mini Tumbling and Cheer 101 are introductory classes; no experience necessary. Participants will safely learn the basic movements and body positions needed to begin tumbling.

Attire: Clothes you can move in, gym shoes or bare feet, hair pulled back.

You must complete a Heat Athletics Waiver on the first day if you are new to Heat Athletics' classes.

Tiny Tumbling

Ages: 3–5 years
Heat Athletics
\$61 R, \$76 NR
Instructor: Heat Athletics Staff

Class Skills: Forward roll, backward roll, table top bridge, handstand, cartwheel.

Class #	Time	Dates	Register By
1223.1	SAT, 9–9:45 am	Jan 21–Feb 25	Jan 10
1223.2	TUE, 4:30–5:15 pm	Jan 24–Feb 28	Jan 10
1223.3	SAT, 9–9:45 am	March 4–April 8	Feb 24
1223.4	TUE, 4:30–5:15 pm	March 7–April 11	Feb 24

Mini Tumbling

Ages: 6–8 years
Heat Athletics
\$61 R, \$76 NR
Instructor: Heat Athletics Staff

Class Skills: Forward roll, backward roll, table top bridge, handstand, cartwheel.

Class #	Time	Dates	Register By
1224.1	SAT, 10–10:45 am	Jan 21–Feb 25	Jan 10
1224.2	TUE, 5:30–6:15 pm	Jan 24–Feb 28	Jan 10
1224.3	SAT, 10–10:45 am	March 4–April 8	Feb 24
1224.4	TUE, 5:30–6:15 pm	March 7–April 11	Feb 24

Tiny Cheer 101

Ages: 3–5 years
Heat Athletics
\$73 R, \$91 NR
Instructor: Heat Athletics Staff

This class will teach athletes, new to cheerleading, the basics of stunting, tumbling, jumps and dance.

Class #	Time	Dates	Register By
1225.1	SAT, 12 pm–1 pm	Jan 21–Feb 25	Jan 10
1225.2	SAT, 12 pm–1 pm	March 4–April 8	Feb 24

Cheer 101

Ages: 7–12 years
Heat Athletics
\$73 R, \$91 NR
Instructor: Heat Athletics Staff

This class will teach athletes, new to cheerleading, the basics of stunting, tumbling, jumps and dance.

Class #	Time	Dates	Register By
1226.1	TH, 5:30–6:30 pm	Jan 19–Feb 23	Jan 10
1226.2	TH, 5:30–6:30 pm	March 2–April 6	Feb 24

LET'S DANCE!

Creative Movement

Ages: 3–4 years
Sussex Civic Center: Multipurpose C
Instructor: Angela Wiedenhoef
\$43 R, \$54 NR

In **Creative Movement**, students will start class with a ballet themed craft and read a ballerina story. Students will work on rhythms while learning beginning dance steps and using creative dance movements. Students will also work on gross motor skills, ballet terms and steps, learn to count in French, and develop memory and listening skills through creative movement. An arts and crafts project will be added to this class.

Class #	Time	Dates	Register By
1210.1	TH, 5:15–6 pm	Feb 2–March 23	Jan 26

Next Step Ballet/Tap

Ages: 5–6 years
Sussex Civic Center: Multipurpose C
Instructor: Angela Wiedenhoef
\$43 R, \$54 NR

A gentle introduction to the world of ballet and tap. **Next Step Ballet/Tap** will cover beginning ballet and tap steps, with an emphasis on gross motor skill development, listening skills and peer interaction. This class will help build coordination and self-esteem. Students will learn ballet terms and steps, learn to count in French and develop memory and listening skills. The children will also read a ballet-themed story and do a ballet-themed craft.

Class #	Time	Dates	Register By
1210.2	TH, 6:05–6:50 pm	Feb 2–March 23	Jan 26

Spring Break Day Camp

Ages: 6–10 years old
Monday-Friday, April 10-14
9-3:30 pm
Sussex Village Park: Lions Building
\$44/day R, \$54/day NR
\$166/week R, \$189/week NR

We're planning a fun-filled week of field trips. Sign up for one day or the whole week! A snack will be provided. Each child should bring a brown-bag lunch daily.

Class #	Date	Field Trip Destination
1002.1	MON, April 10	Discovery World
1002.2	TUE, April 11	EAA Museum in Oshkosh
1002.3	WED, April 12	Trek Bicycle/Skate Express
1002.4	TH, April 13	Jelly Belly Factory & Dinosaur Discovery
1002.5	FRI, April 14	Flabbergast/SkyZone
1002.6	Whole Week	

Before or After Care Available
\$35/week or \$10/day for AM OR PM)
Before Care 7–9 am • After Care 3:30–5:30 pm
\$60/week for AM AND PM

Summer Day Camp Preview Day

Saturday, March 4
10–11 am
Lion's Building at Village Park

The **Summer Day Camp Special Preview Day** offers a sneak peak at some of the activities planned for the fun-filled **2017 Sussex Summer Day Camps**. Take this opportunity to meet the counselors and get a discount for attending and registering on Preview Day.

No pre-registration is necessary for this Preview Day.



Trip to American Girl Place in Chicago

Saturday, May 13
Depart Sussex at 8 am
Return to Sussex at 7 pm
\$70 R, \$84 NR
Class # 1512.0
Register by April 7

Our trip takes us to **American Girl Place** in the heart of Chicago. On arrival, we'll have lunch in the American Girl Café. After lunch, you can explore the store ... treat your doll to the American Girl hair salon or pose with her in the American Girl photo studio for a special portrait to highlight your day together. After you spend time at the store, you will have a few hours to shop or walk around Chicago on your own. For full details of the options available at the American Girl store, visit http://www.americangirl.com/stores/location_chi.php. The shops of Michigan Avenue are footsteps away for more shopping options. Fee includes lunch and transportation.

YOUTH ENRICHMENT

Winter Fun Sculpture

Ages: 5 years and up
Friday, January 20
9:30–11 am
Our Creative Outlet in Sussex
\$30 R, \$37 NR
Class # 1303.1
Register by January 13
Instructor: Our Creative Outlet, Karen Norris



A day off of school is the perfect time to get creative with some winter-themed sculptures. The kids can create a personalized sculpture like a snowman or penguin and glaze it in fun colors. Projects will be ready to pick up in 7–10 days.

Flower Pot

Ages: 5 years and up
Friday, March 10
9:30–11 am
Our Creative Outlet in Sussex
\$30 R, \$37 NR
Class # 1303.2
Register by March 7
Instructor: Our Creative Outlet, Karen Norris



Kids will draw and glaze fun designs onto a 4" terracotta pot. The pots will be fired for permanent decorations that will not wash off. Add a plant at home and you have a one of a kind gift that will be sure to make someone smile!

Uptown Art

Ages: 6–12 years
Uptown Art in Sussex
\$18 R, \$24 NR
Instructor: Uptown Art Staff

Create the themed painting of the day with step-by-step instructions by one of the talented Uptown Art instructors. Classes include everything you need to create your own masterpiece on an 11"×14" canvas.

HEART BEAR
FRI, February 10
1:30–3 pm
Class # 1303.11
Register by February 3



SUN TURTLE
FRI, March 10
1:30–3 pm
1303.12
Register by March 3

Babysitting



Ages: 11–15 years
Sussex Civic Center: 1st Floor Craft Room
\$96 R, \$120 NR
Instructor: American Red Cross staff

This **Red Cross Babysitting Course** is designed 11–15 year-olds. Participants will learn about proper toys, nutrition, diaper changing and feeding, as well as how to care for children and infants, being a good leader and role model, making good decisions and solving problems, keeping you (the babysitter) and the children you watch safe and handling emergencies such as injuries, illnesses and household accidents.

Class #	Day/Time	Date	Register By
1422.1	FRI, 9 am–4:30 pm	January 20	Jan 13
1422.2	FRI, 9 am–4:30 pm	February 10	Feb 3
1422.3	FRI, 9 am–4:30 pm	March 10	March 3

Kids in the Kitchen

Ages: 6–10 years
Friday, 2–4 pm
Sussex Civic Center: Senior Dining
\$17 R, \$22 NR

It's okay to get messy as we create some snacks and dishes any age can whip up in the kitchen and have lots of fun while doing it.

Class #	Day/Time	Date	Register By
1421.1	FRI, 2–4 pm	January 20	Jan 12
1421.2	FRI, 2–4 pm	March 10	March 2

Preschool PROGRAMS

SportsStart

Ages: 2½–4½ years old
Sussex Civic Center: Multipurpose B
\$43 R, \$54 NR
Instructor: KidsSport Staff

The KidsSports **SportsStart** program is designed to include a variety of fun active games and activities professionally designed to develop sport-specific and general skills like eye-hand and foot-eye coordination, large and fine motor skills, muscle development, body balance and agility to name a few; all in a relaxed environment with a focus on beginning an active lifestyle. Parent participation will be required for each participant in the 2-year-old class. (No class April 15.)

Class #	Age	Time	Date	Register By
1109.1	3½–4½	WED 9:30–10 am	Jan 25–Feb 15	Jan 19
1109.2	2½–3½	WED, 10:10–10:40 am	Jan 25–Feb 15	Jan 19
1109.3	3½–4½	SAT, 9–9:30 am	Mar 4–25	Feb 22
1109.4	2½–3½	SAT, 9:40–10:10 am	Mar 4–25	Feb 22
1109.5	3½–4½	SAT, 9–9:30 am	April 1–29	April 4
1109.6	2½–3½	SAT, 9:40–10:10am	April 1–29	April 4

Sing With Me!

Ages: 1–3 years w/caregiver
Tuesdays, 9:30–10:15 am
Sussex Civic Center: Multipurpose C
\$50 R, \$63 NR
Instructor: Music Dynamics staff

Together with caregivers, children sing, dance and play small instruments. The Musikgarten curriculum is used by a trained professional for a truly enriching experience. Parents and preschoolers will be exposed to the joy of making music and introduced to the basic fundamentals of music.

Class #	Time	Date	Register By
1420.1	TUE, 9:30–10:15 am	Jan 17–Feb 21	Jan 10
1420.2	TUE, 9:30–10:15 am	Feb 28–April 4	Feb 21
1420.3	TUE, 9:30–10:15 am	April 11–May 16	April 4

Little Chefs

Ages: 3–5 years old
Tuesdays, March 7–28
4–5 pm
Sussex Civic Center: Senior Dining
\$20 R, \$25 NR
Class # 1406.1
Register by February 28

Does your child want to help out in the kitchen? Each week we will read a story and create a snack based on the story. All recipes will be peanut free.

Mom & Tot Field Trip

Waukesha Civic Theatre
Snow White and the Magnificent Seven

Friday, April 7
Pick up at Wagner Park, Pewaukee, at 8:15 am
Return at 1:30 am
\$32 per child/adult couple
(\$16 for additional children/adults)
(No more than 2 children per adult, please.)
Class # 1415.1
Register by March 15

Join us for our **Spring Mom & Tot Field Trip** to the Waukesha Civic Theater to see **Snow White and the Magnificent Seven!**

Snow White is the last to find out that she is the fairest of them all. Her jealous step-mother won't stand for such competition and devises one plan after another to take out the innocent princess. But it's the Magnificent Seven to the rescue in this lively adaptation of the classic fairy tale. Music and laughter enliven this well-known story. After the event, all children and parents will be treated to a delicious cup of Gelato from Divino Gelato Café!

YOUTH SPORTS

Kids Fishing Clinic

Ages 15 and under
Saturday April 22
9 am–3 pm
Menomonee Park
FREE
Instruction by: Wisconsin House Outdoorsmen & Wern Valley Sportsmen Clubs

Don't let the cold keep you inside! Introduce fishing to your minnow in a safe, controlled and fun atmosphere. Equipment and bait will be available and instruction will be provided on knot tying, safe use of equipment, proper techniques and safety issues. All instructors have completed the DNR Angler Certification Course. Park entrance fee is included with participation and clinic organizers will distribute parking passes the day of the clinic. Advance registration not necessary; however, groups of 10 or more should call ahead to the Waukesha County Park System at (262) 896-8074.

Basic Horsemanship

7 years and older
Knollwood Stables
\$260 R, \$286 NR

These 8-week basic group horsemanship classes specialize in English-style riding. Riders will learn to hold a rein in each hand and post the trot. Students will learn the basic riding skills, all aspects of safety, the etiquettes of the arena and good horsemanship. Register one week in advance. Knollwood Stables is located at 2800 Oakwood Road, Hartland. (No class April 16.)

Class #	Day/Time	Dates
1430.1	SUN, 2:30–3:15 pm	Jan 8–Feb 26
1430.2	SUN, 2:30–3:15 pm	March 5–April 30
1431.1	MON, 6:30–7:15 pm	Jan 2–Feb 20
1431.2	MON, 6:30–7:15 pm	Feb 27–April 17
1432.1	TUE 5:30–6:15 pm	Jan 3–Feb 21
1432.2	TUE 5:30–6:15 pm	Feb 28–April 18
1433.1	WED, 6:30–7:15 pm	Jan 4–Feb 22
1433.2	WED, 6:30–7:15 pm	March 1–April 19

SportsPal Soccer

4–7 years old
Sussex Civic Center: Multipurpose B
\$50 R, \$62 NR
Instructor: KidSports staff

SportsPal Soccer introduces children to soccer and builds upon soccer skills. Emphasis is placed on having fun and learning the fundamentals through games and drills. Parent volunteers are a vital part of the success of this program and will be guided through the coaching process by the program coordinator. Be sure to indicate child's T-shirt size when registering.

Class #	Ages	Day/Time	Dates	Register By
1118.1	4&5	FRI, 4:30–5:10 pm	Feb 3–24	Jan 31
1118.2	6&7	FRI, 5:20–6 pm	Feb 3–24	Jan 31
1118.3	4&5	SAT, 10:20–11 am	March 4–25	Feb 28
1118.4	6&7	SAT, 11:10–11:50 am	March 4–25	Feb 28

Rockclimbing

Ages: 6–14 years
Adventure Rock, Pewaukee
\$100 R, \$125 NR

Wee Climb is a great introduction to climbing that allows children ages 6–8 to get off the ground while calming nerves. Instructors build confidence through the use of games and encouragement. Parents can participate with their kids or simply drop them off. Adventure Rock is located at 21250 W. Capitol Drive, Pewaukee. (No class January 26 and 28.)

Class #	Day/Time	Dates	Register By
1418.1	SAT, 9–10:15 am	Jan 7–Feb 18	Jan 2
1418.2	TH, 4:30–5:45 pm	Jan 12–Feb 23	Jan 2
1418.3	SAT, 9–10:15 am	March 4–April 8	Feb 24
1418.4	TH, 4:30–5:45 pm	March 2–April 6	Feb 24
1418.5	SAT, 9–10:15 am	April 22–May 27	April 14
1418.6	TH, 4:30–5:45 pm	April 20–May 25	April 14

First Ascent is for aspiring young climbers ages 9–14. First Ascent will allow climbers to make new friends, build confidence and master all skills required to become proficient in the sport. (No class January 26 and 28.)

Class #	Day/Time	Dates	Register By
1419.1	SAT, 10:30–11:45 am	Jan 7–Feb 18	Jan 2
1419.2	TUE, 4:30–5:45 pm	Jan 10–Feb 14	Jan 2
1419.3	SAT, 10:30–11:45 am	March 4–April 8	Feb 23
1419.4	TUE, 4:30–5:45 pm	Feb 28–April 4	Feb 23
1419.5	SAT, 10:30–11:45 am	April 22–May 27	April 13
1419.6	TUE, 4:30–5:45 pm	April 18–May 23	April 23

Beginning Archery

Ages 7–15 years
Wednesdays, May 3-31
5:30–7 pm
Menomonee Park
\$48 R & NR
Class # 1166.1
Register by April 26

Bulls eye! **Beginning Archery** is for beginners or those wanting to improve their archery skills. Concepts of proper safety will be explained and enforced in class. A parent or guardian must be present throughout the class period. All equipment provided or students may bring their own. No crossbows or broad head arrows permitted. Park entrance fee is included. Please register child only; one adult is included in fee.

Introduction to Lacrosse

Grades: 1–6
Saturdays, January 7–28
Sussex Civic Center: Multipurpose B
\$28 R, \$34 NR
Instructor: Patrick Jauquet

Introduction to Lacrosse will teach the basic lacrosse skills of cradling, scooping, passing, catching and shooting. These skills are the foundation for both girls and boys games of lacrosse. The clinic will utilize soft stick lacrosse equipment provided for each participant.

Class #	Grades	Day/Time	Dates	Register By
1175.1	1-3	SAT, 8–8:45 am	Jan 7–28	Jan 3
1175.2	4-6	SAT, 9–9:45 am	Jan 7–28	Jan 3

Learn to Skate

Ages 4–12
Naga-Waukee Ice Arena
\$60 R & NR (Skate rental included)

Learn to Skate is offered in cooperation with the Waukesha County Park System to develop basic ice skating skills. Students develop confidence on the ice by making turns and stops, learning to skate forward and backward and falling and recovery techniques. Come early to allow time to put on skates. Participants should wear a helmet (i.e. bike helmet). Naga-Waukee Ice Arena is located at 2699 Golf Road, Delafield.

Class #	Age	Day/Time	Dates	Register By
3105.12	4–6	SAT, 1:45–2:15 pm	Jan 7–Feb 11	Dec 21
3105.14	7–12	SAT, 2:15–2:45 pm	Jan 7–Feb 11	Dec 21
1105.2	4–12	WED, 5:30–6 pm	Mar 15–Apr 19	March 8

Okinawan Martial Arts

Ages: 5–17 years
Okinawan Martial Arts, Sussex
5:30–6:20 pm
Fee: \$60 R, \$72 NR

The **Okinawan Martial Arts** program introduces a variety of fundamental, realistic and useful martial arts techniques. Classes are fun, interactive and emphasize age-appropriate personal development, education and physical fitness. All participants will demonstrate at the end of the session and receive a certificate of achievement. (No class April 17.)

Class #	Day/Time	Dates	Register By
1121.1	MON, 5:30–6:20	Jan 9–Feb 13	Jan 4
1121.2	MON, 5:30–6:20	Feb 20–March 27	Feb 15
1121.3	MON, 5:30–6:20	April 3–May 15	March 29

MultiSports

Ages: 5–8 years old
Sussex Civic Center:
Multipurpose B
\$43 R, \$54 NR
Instructor: KidSport Staff



The **KidSports Court MultiSport** program introduces children to a new sport each week including: basketball, volleyball, tennis and floor hockey by teaching the basic techniques in a fun, simple learning environment. (No class April 20.)

Class #	Ages	Day/Time	Dates	Register By
1119.1	5–6	TH, 5–5:40 pm	Jan 5–26	Jan 1
1119.2	7–8	TH, 5:50–6:30 pm	Jan 5–26	Jan 1
1119.3	5–6	TH, 5–5:40 pm	March 30–Apr 27	March 27
1119.4	7–8	TH, 5:50–6:30 pm	March 30–Apr 27	March 27

Youth Scholarship Program

Detailed information and applications for the Youth Scholarship Program can be viewed and downloaded from the Village of Sussex website at

www.villagesussex.org

or picked up at the Sussex Civic Center.

Hooper Hands

Ages 4-8

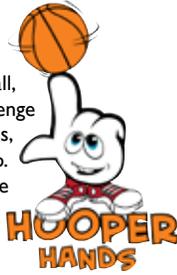
Sussex Civic Center: Multipurpose B

\$50 R, \$62 NR

Instructor: John Leavell

Hooper Hands Basketball

Academy develops young athletic minds in basketball, inspiring them to challenge themselves on court awareness, fundamentals and sportsmanship. If your child masters the HOOPER homework and attends all classes, they will have increased their competitiveness and confidence on the court.



Basketball 101 is designed to give your child an overview of basic basketball skills. Participants will be introduced to dribbling, passing, shooting and rebounding.

Class #	Age	Day/Time	Dates	Register By
1180.6	4-5	FRI, 5-5:45 pm	Jan 6-27	Jan 3
1180.7	6-8	FRI, 6-6:45 pm	Jan 6-27	Jan 3

Principles of Dribbling I builds upon the fundamentals learned in Basketball 101. Participants will compete in ball-handling drills, games and stations to develop those Hooper Hands.

Class #	Age	Day/Time	Dates	Register By
1180.1	4-5	SAT, 10:15-11 am	Jan 7-28	Jan 4
1180.2	6-8	SAT, 11:15 am-12 pm	Jan 7-28	Jan 4
1180.8	4-5	FRI, 5-5:45 pm	March 3-24	Feb 28
1180.9	6-8	FRI, 6-6:45 pm	March 3-24	Feb 28

Pass-Shoot-Score is a mini-basketball-league class. Classes start with a series of basketball fundamental drills and skills and conclude with players being divided into teams and competing against each other.

Class #	Ages	Day/Time	Dates	Register By
1180.3	4-5	SAT, 9-9:45 am	Feb 4-25	Feb 1
1180.4	4-5	SAT, 10-10:45 am	Feb 4-25	Feb 1
1180.5	6-8	SAT 11-11:45 am	Feb 4-25	Feb 1



Must be 5 years or older
Monday-Friday, July 10-21
Menomonee Park Beach
\$30 R & NR

Instructor: Waukesha County Parks Staff

All students are tested the first class to ensure proper level placement. We reserve the right to move students to the correct level. It is not unusual for children to repeat a level before all skills are completed satisfactorily. Register with the Sussex Parks & Recreation Department by April 15. Starting May 1, register with Waukesha County Parks if space is available. Call Waukesha County Parks at 262-548-7801 if you have questions regarding the placement of your child.

Level 1: Introduction to Water Skills

Teaches basic personal water safety and skills to help children feel comfortable in the water while learning elementary aquatic skills. Age-appropriate water safety topics are included.

Class #	Time
1424.1	9:30-10:15 am
1424.2	10:30-11:15 am

Level 2: Fundamental Aquatic Skills

Level 2 builds upon the skills taught in Level 1. Level 2 gives children success with the fundamental skills such as floating and recovering to a vertical position. Simultaneous and alternating arm action on front and back leading to the front crawl, back crawl and elementary backstroke foundation are taught. *It is not uncommon for children to repeat this level due to developing confidence in the water.*

Class #	Time
1424.3	9:30-10:15 am
1424.4	10:30-11:15 am

Level 3: Stroke Development

Building upon the skills taught in Level 2, Level 3 teaches the survival float, elementary backstroke, breaststroke, backstroke and coordination of the front crawl. Participants are also introduced to the dolphin kick, swimming in deep water and basic diving skills. *It is not uncommon for children repeat this level due to the number of skills taught.*

Class #	Time
1424.5	9:30-10:15 am
1424.6	10:30-11:15 am

Level 4: Stroke Improvement

Stroke improvement develops confidence in the previously learned strokes, and increases distance swimming building endurance. Backstroke and breaststroke are further developed for efficiency in the water. Participants are introduced to the full butterfly and sidestroke. *It is not uncommon for children to repeat this level.*

Class #	Time
1424.7	8:30-9:15 am

Level 5: Stroke Refinement

Building upon Level 4, Level 5 refines strokes learned and increases distances swimming. Participants are introduced to front and back flip turns.

Class #	Time
1424.8	8:30-9:15 am

Level 6: Swimming and Skill Proficiency

Level 6 refines the strokes so participants swim with ease, efficiency, power and smoothness over greater distances. It helps prepare participants for more advanced classes, such as Lifeguarding and Competitive Swimming.

Class #	Time
1424.9	8:30-9:15 am

INCLEMENT WEATHER POLICY

Classes will generally NOT be cancelled due to inclement weather. Dry land drills or indoor classes covering various safety topics will be covered on cold/severe weather days. Refunds will only be given if classes are cancelled.



Fitness Frenzy Week

January 2–8

With New Year's resolutions involving weight loss and health in mind, you can attend and try new classes for FREE the week of January 2–8. This free week of classes offers participants the opportunity to try out different classes to see which suits them best. If you have never attended our classes before, you can come out and see what we have. No pre-registration is necessary, just show up at the location on the appropriate day and time and the instructor will guide you through each particular class. Prospective classes will be introduced that week.

Class schedules can be found at the Sussex Civic Center and Pauline Haass Public Library or online at www.villagesussex.org. Schedules will be available December 22.



NEW! 8-WEEK SESSIONS

Barre Classic & Connect

Sussex Civic Center: Multipurpose C
\$48 R, \$60 NR
Instructor: Faith Thornton



Barre Classic & Connect is a dancer's Yoga- and Pilates-inspired workout. which will lengthen and strengthen your muscles, as well as increase your flexibility and endurance. Accessories, use of the Barre as a prop for balance and light weights sculpt the upper and lower body, reinforcing the entire core. Work through dynamic, full-range movements in conjunction with, isometric holds and pulses. Please bring a yoga mat. All levels of fitness welcome, both the new and experienced participant.

Class #	Day/Time	Dates	Register By
1742.1	WED, 5:30–6:30 am	Jan 11–March 1	Jan 9
1742.2	SUN, 7:30–8:30 am	Jan 15–March 5	Jan 9
1742.3	WED, 5:30–6:30 am	March 8–April 26	Feb 27
1742.4	SUN, 7:30–8:30 am	March 12–April 30	Feb 27

Yolates

Sussex Civic Center: Multipurpose C
\$48 R, \$60 NR
Instructor: Rita Calatola-Pofahl

Yolates is a combination of traditional Yoga and Pilates. It's the same class, just a new name! This is a workout that tones the entire body, enhances posture, improves your flexibility and reduces stress. Bring a yoga mat and wear comfortable clothing. *Yolates is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1740.1	SAT, 8–9 am	Jan 14–March 4	Jan 9
1740.2	TUE, 5–6 am	Jan 10–Feb 28	Jan 9
1740.3	TH, 5–6 am	Jan 12–March 2	Jan 9
1740.4	SAT, 8–9 am	March 11–April 29	Feb 27
1740.5	TUE, 5–6 am	March 7 – April 25	Feb 27
1740.6	TH, 5–6 am	March 9–April 27	Feb 27

Yoga

Sussex Civic Center: Multipurpose C
\$48 R, \$60 NR
Monday Instructor: Stacy Chic
Wednesday Instructor: Jenny Steeger
Thursday Instructor: Patti Breitbart-Rashid

Yoga is an ancient exercise that enhances physical strength, flexibility, balance, and mental and emotional well-being. In this class, we will move through asanas or poses using our breath using a vinyasa type yoga, creating heat in the body to develop muscular flexibility and to build strength by holding poses for a few breaths and finally deepening our poses for enhanced long-term flexibility. *Yoga is part of the All Class Exercise Pass.* Needed: Yoga mat and comfortable clothing.

Class #	Day/Time	Dates	Register By
1741.1	MON, 6–7 pm	Jan 9–Feb 27	Jan 9
1741.2	WED, 7–8 pm	Jan 11–March 1	Jan 9
1741.3	TH, 7:30–8:30 pm	Jan 12–March 2	Jan 9
1741.4	MON, 6–7 pm	March 6–April 24	Feb 27
1741.5	WED, 7–8 pm	March 8–April 26	Feb 27
1741.6	TH, 7:30–8:30 pm	March 9–April 27	Feb 27

Core Crunch Plus

Mondays, 5:30–6:30 pm
Sussex Civic Center: Multipurpose B
\$48 R, \$60 NR
Instructor: Amy Wickert

Strengthen your core and tone your upper body. Each **Core Crunch Plus** class has a variety of exercises to target all abdominal muscles and increase your upper body strength using hand weights, resistance bands, stability balls, stabilizing exercises and isometric holds to strengthen, condition, and stretch your muscles. The goal is to have fun and work hard while feeling the burn. The equipment is provided. *Core Crunch Plus is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1723.1	MON, 5:30–6:30 pm	Jan 9–Feb 27	Jan 9
1723.2	MON, 5:30–6:30 pm	March 6–April 24	Feb 27

All Class Exercise Pass

Ages: 14+
\$105 R, \$131 NR

See individual program descriptions for days, times and locations of the group fitness programs you'd like to attend with the **All Class Exercise Pass**. The All Class Pass is for participants that would like to have the flexibility to participate in multiple group exercise classes each session. The pass includes: Yoga, Zumba, Zumba Toning, Yolates, Core Crunch Plus, Barre, Cardio and HIIT.

Class #	Dates	Register By
1730.1	January 9–March 5	Jan 5
1730.2	March 6–April 30	March 1

Cardio

Thursdays, 5:15–6:15 pm
Sussex Civic Center: Multipurpose C
\$48 R, \$60 NR
Instructor: Jenny Breitzmann



Using various formats expect a high energy class that works the whole body, gets the heart rate going and builds strength and endurance. Feel the difference cardio training can make and breathe life into your workout. *Cardio is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1790.3	TH 5:15–6:15 pm	Jan 12–March 2	Jan 9
1790.4	TH, 5:15–6:15 pm	March 9–April 27	March 6

HIIT

Thursdays, 6:30–7 pm
Sussex Civic Center: Multipurpose C
\$32 R, \$40 NR
Instructor: Jenny Breitzmann



Get the equivalent of an hour work out in only 30 minutes! With **High Intensity Interval Training**, you work harder than you thought you possible and break barriers making changes in your fitness level that are now possible. *HIIT is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1790.1	TH 6:30–7 pm	Jan 12–March 2	Jan 9
1790.2	TH, 6:30–7 pm	March 9–April 27	March 6

Zumba

Wednesdays, 5:30–6:30 pm
Sussex Civic Center: Multipurpose B
\$48 R, \$60 NR
Instructor: TBD

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance and core training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA! *Zumba is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1743.1	WED, 5:30–6:30 pm	Jan 11–March	Jan 9
1743.2	WED, 5:30–6:30 pm	March 8–April 26	Feb 27

FITNESS PARTICIPANTS MUST BE AGE 14 YEARS OR OLDER.
Participants under 18 years of age must have parent/guardian signature on registration form to participate.

Weekly At-a-Glance Fitness Schedule

January 9–April 30

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
Yolates (Multipurpose C)		5-6 am		5-6 am	8-9 am	
Core Crunch Plus (Multipurpose B)	5:30-6:30 pm					
Barre Classic & Connect (Multipurpose C)			5:30-6:30 am			7:30-8:30 am
Zumba Toning (Multipurpose B)		5:30-6:15 pm				
Yoga (Multipurpose C)	6-7 pm		7-8 pm	7:30-8:30 pm		
HIIT (Multipurpose C)				6:30-7 pm		
Cardio (Multipurpose C)				5:15-6:15 pm		
Zumba (Multipurpose B)			5:30-6:30pm			

Zumba Toning

Tuesdays, 5:30–6:15 pm

\$40 R, \$50 NR

Sussex Civic Center: Multipurpose B

Instructor: Daly Soto/Jen Arne

When it comes to body sculpting, **Zumba Toning** raises the bar (or rather, the toning stick). It combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves to create a calorie-torching, strength-training dance fitness party. Students learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes and thighs. Zumba Toning is the perfect way for enthusiasts to sculpt their bodies naturally while having a total blast. *Zumba Toning is part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1744.1	TUE, 5:30–6:15 pm	Jan 10–Feb 28	Jan 9
1744.2	TUE, 5:30–6:15 pm	March 7–April 25	Feb 27

Pickleball

Indoor: Sussex Civic Center

Outdoor: Melinda Weaver Tennis Courts

AM: 8:30–11 am

PM: 1–3:30 pm

EVE: 6:30–8:30 pm

\$21 R, \$26 NR (Single day, AM/PM)

\$42 R, \$52 NR (Multiple days, AM/PM)

\$32 R, \$40 NR (Evening)

Pickleball is a sweeping-the-country sport combining elements of badminton, tennis and table tennis. Don't worry if you have never played before, as we will explain the rules and give you pointers. Pickleball is very popular with people who are looking for a low-impact racquet sport.

Sussex Recreation will provide nets and balls. A few paddles are available to borrow.

Indoor–Daytime

Class #	Day/Time	Dates	Register By
1990.1	TUE/TH/FRI AM & PM	Jan 24–Apr 14	Jan 20
1990.3	Single Day (must choose day/time)	Jan 24–Apr 14	Jan 20

Indoor–Evenings

1990.4	MON/WED Eve	Jan 23–Apr 14	Jan 20
--------	-------------	---------------	--------

Outdoor–Daytime (AM & PM)

1990.5	TUE/WED/TH AM/PM	Apr 18–July 6	Apr 14
1990.6	Single Day (must choose day/time)	Apr 18–July 6	Apr 14

Climbing 101

Ages: 18 years and up

Mondays, 6:30–9 pm

Adventure Rock, Pewaukee

\$125 R, \$150 NR

Instructor: Adventure Rock

Climbing 101 is perfect for any adult looking for a new challenge. This 6-week class will turn you into a well-rounded climber. Learn the ins and outs of the sport of rock climbing through hands-on experience and discussion. Each week, certified Climbing Wall Instructors focus on different aspects of climbing in a fun and social atmosphere. You can also practice what you've learned in class anytime you want with your complimentary 6-week gym membership. With our guiding partner Apex, we'll even take you climbing outdoors at Devil's Lake State Park, located in Baraboo, WI! This outdoor class is included as part of the continuing higher education of Climbing 101. *Adventure Rock is located at 21250 W. Capitol Drive, Pewaukee.*

Class #	Day/Time	Dates	Register By
1417.1	MON, 6:30–9 PM	Jan 9–Feb 13	Jan 2
1417.2	MON, 6:30–9 PM	Feb 20–March 27	Feb 13
1417.3	MON, 6:30–9 PM	April 3–May 8	March 27



**Wheaton
Franciscan
Medical Group**



Too sick to work,
BUT *too*
much work
TO BE SICK?

*Convenient
hours.*

ADULT/SENIOR TRIPS

Milwaukee Icons

Wednesday, March 15

Depart Sussex Civic Center at 8:45 am

Return to Sussex approximately 5:30 pm

\$74 R, \$79 NR

Trip # 1506.0 / Register by March 1

We head on a coach bus to explore some of the industry that has shaped Milwaukee. History roars to life at our first stop, the Harley-Davidson Museum. It's the best of American design and culture-seasoned with freedom and rebellion, showcased in a landmark building. We stay at the museum to eat lunch at Motor before we depart to Palermos' Pizza for a factory tour including a sample of their pizza. Our last stop of Milwaukee Icons is Old World Third Street for some on-your-own shopping at Milwaukee favorites like Usinger's and the Spice House.

Meal choices: Chicken Caesar Salad, Motor® Cheeseburger or Barbecue Pork Sandwich

Fireside Theatre South Pacific

Wednesday, April 26

Depart Sussex Civic Center at 8:15 am

Return to Sussex approximately 5:15 pm

\$94 R, \$99 NR

Trip # 1502.0 / Register by March 24



Forty years ago the Fireside Dinner Theatre opened with their first production, **South Pacific**. Our coach bus is headed there to help them celebrate their anniversary. Rogers and Hammerstein's South Pacific is a story of love, heroism, courage, optimism, and America. Set during World War II, this epic tale is told with humor, passion, beauty, action, and one of Broadway's most impressive musical scores featuring

such unforgettable songs as "Some Enchanted Evening," "I'm Gonna Wash That Man Right Out of My Hair," "There Is Nothing Like a Dame," and more. On the way to the Fireside, we will be stopping at the Jones Dairy Farm Outlet.

Mamma Mia! The Farewell Tour

Saturday, May 13

Depart Sussex Civic Center at 10:15 am

Return to Sussex approximately 6:45 pm

\$129 R, \$134 NR

Trip # 1503.0 / Register by February 17

We will travel by coach bus to the Fox Cities PAC in Appleton to see **Mamma Mia! The Musical** in their farewell tour.



A funny tale unfolds on a Greek island paradise where a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship. Enhance your fun and make it a mother-daughter trip to celebrate Mother's Day! We will enjoy lunch prior to the show at Pullmans, where you will have a choice of Chopped Salad, French Dip Sandwich, or Chicken BLT Wrap. *Please indicate your meal choice when registering.*

Maggie Mae & the Heartland Country Band!

Thursday, June 15

Depart Sussex Civic Center at 9:30 am

Return to Sussex approximately 5:15 pm

\$74 R, \$79 NR

Trip # 1504.0 / Register by May 5

Yeehaw! We will travel by coach bus to Maggie Mae and Roger Hilliard's farm in Oxford, Wisconsin, for an old fashioned barn dance show featuring Maggie Mae and the Heartland Country Band. We will gather in the barn for



some good old country music, dancing, eating and just good old fashioned fun! Prior to the show, we will enjoy a wonderful buffet lunch of roast beef, BBQ chicken, red potatoes, carrots, cowboy beans, salads, corn bread and dessert.

Carriages & Canines

Wednesday, May 24

Depart Sussex Civic Center at 7 am

Return to Sussex approximately 4:30 pm

\$64 R, \$69 NR

Trip # 1507.0 / Register by May 1

Take a coach ride to **Fond du Lac** with us for the day as we explore two different types of transportation: horse drawn carriage and dog sledding. At our first stop, the Siberian Outpost, you can visit with the dogs while our guide teaches you about sledding, the history of the Iditarod and the training for winter's most interesting sport. Our afternoon takes us to the Wade House as we return to the time of stagecoach travel and see a community where Yankee refinement met the Wisconsin wilderness. We finish the day at one of our favorite spots, Kelley's Country Creamery, for an on-our-own, ice cream treat.

Lunch choices: Ham Sourdough Sandwich; Turkey on a garlic herb wrap; Veggie on a garlic herb wrap. *Please select at time of registration.*

Rockford Rocks!

Friday, June 2

Depart Wagner Park in Pewaukee at 8 am

Return to Pewaukee approximately 7 pm

\$52 R/NR

Trip # 1505.0 / Register by May 1

Our Rockford, Illinois, trip will begin at the nationally recognized Anderson Japanese Gardens. Explore the beautiful grace of stone, waterfalls, pagodas, plants, arbors and bridges. Your docent-guided tour through the grounds of the gardens will share the details of the gardens while creating a time to reflect on all of the descriptions of each stop on the tour. We follow the tour with a trip to downtown Rockford for lunch and shopping at the local shops, galleries and boutiques. Our next stop is to the Rockford Midway Village Museum. The museum campus sits on a 137-acre campus nestled among trees to create a beautiful ambiance any time of year. A Victorian-era Village and Main Museum Center are centrally located on the campus within walking distance from each other. The Victorian Village is comprised of 26 historical buildings filled with artifacts of the era as well as several beautiful 19th century gardens that depict life in Northern Illinois from 1890 to 1910. Tour will include a viewing of the historical buildings represented including a General Store, Police Station, School House, Barber Shop and others and will finish at the Museum shop. Our trip home will lead us to one more stop at the famous Mars Cheese Castle in Kenosha where you can pick up some of your favorite cheeses and snacks. Provided: Coach bus, water and snacks on bus and all tour fees. *This is a walking tour.

SENIOR ACTIVITIES

The Center of Attention

Complete senior programming details are listed in the the **Center of Attention** senior newsletter. Published quarterly, the Center of Attention provides our senior community with information about activities, events, trips, classes, seminars, support groups and resources. Copies are available at the Pauline Haass Public Library, the Sussex Civic Center and on the Village website at www.villagesussex.org.

Senior Dining Meal Site ... Fellowship, Food and Fun!

Senior Dining includes both senior dining centers and home-delivered meals. The senior dining centers provide low cost nutritious meals to persons 60 years of age and older, with an emphasis on reaching frail, isolated, homebound and disadvantaged older adults. In addition to a hot noon meal, older adults receive nutrition education, health information and screenings, outreach and support for themselves and their families.

Monthly menus are available at the Sussex Civic Center, on the Village Web site at www.villagesussex.org and on the Waukesha County website at www.waukeshacounty.gov.

Reservations are required at least 24 hours in advance. Call (262) 246-6747 before 1 pm Monday-Friday or (262) 548-7848 anytime prior to 1 pm to make reservations.

Senior Fitness

Ages: 55+
Mondays, Thursdays
Sussex Civic Center: Multipurpose C
\$23 R, \$27 NR
Monday Instructor: Dian Zandi
Thursday Instructor: Donna Wolff

Senior Fitness is a low-impact, aerobic program designed for ages 55 and older to improve flexibility and cardiovascular health while safely and appropriately stretching. This fitness routine is great for your overall wellness. *Senior Fitness is NOT part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1721.1	MON, 9-9:45 am	Jan 9-Feb 27	Jan 5
1721.2	TH, 9-9:45 am	Jan 12-March 2	Jan 5
1721.3	MON, 9-9:45 am	March 6-April 24	Feb 27
1721.4	TH, 9-9:45 am	March 9-April 27	Feb 27

Gentle Yoga

Ages: 55+
Wednesdays, Fridays
Sussex Civic Center: Multipurpose C
\$25 R, \$31 NR
Instructor: Patti Breitbach-Rashid

Gentle stretches, breathing, relaxation and simple movements increase range of motion of the major joints. Gentle Yoga is appropriate for seniors or those who simply prefer to move at a slower pace. Individualized instruction and modifications are given to accommodate those with chronic symptoms such as muscle or joint pain, stiffness, weakness or fatigue. *Gentle Yoga is NOT part of the All Class Exercise Pass.*

Class #	Day/Time	Dates	Register By
1727.1	WED, 9-9:45 am	Jan 11-March 1	Jan 4
1727.2	FRI, 9-9:45 am	Jan 13-March 3	Jan 4
1727.3	WED, 9-9:45 am	March 8-April 26	Feb 28
1727.4	FRI, 9-9:45 am	March 10-April 28	Feb 28

Functional Circuit Training

Ages 55+
Thursdays
Sussex Civic Center: Multipurpose C
\$23 R, \$27 NR
Instructor: Dian Zandi

Participate in muscle strength training with 10 different upper- and lower-body exercises performed under time constraints. Each "station" of the circuit consists of specific exercises to help improve mobility, strength, flexibility and balance, but also stimulate cognitive function.



Class #	Day/Time	Dates	Register By
1722.1	TH, 10-10:45 am	Jan 12-March 2	Jan 5
1722.2	TH, 10-10:45 am	March 9-April 27	Mar 2

Next Level Gentle Yoga

Ages: 55+
Wednesdays
Sussex Civic Center: Multipurpose C
\$25 R, \$31 NR
Instructor: Patti Breitbach-Rashid

Are you ready to take your Gentle Yoga class from the chair to the next level? In this class we address flexibility, strength, balance and functional movement from postures while on the floor in addition to using the chair and standing. This remains a gentle class and works to each participant's ability level. Modifications as well as challenges are always provided. This class is best suited for those who can comfortably get up and down from the floor with or without the assistance of a chair. *Next Level Gentle Yoga is NOT part of the All Class Exercise Pass.*

Class #	Dates	Dates	Register By
1728.1	WED, 10-10:45 am	Jan 11-March 1	Jan 4
1728.2	WED, 10-10:45 am	March 8-April 26	Feb 28

Senior Dinner Party Island Getaway

Thursday, February 2
4:30 pm Activities, 5 pm Dinner,
5:15 pm Entertainment
by Bahama Bob & His Steel Drum
Sussex Civic Center
\$5 per person
Class # 1920.0 / Register by Jan 30

Dreaming of an island getaway?
Dream no more! We will cast away right here at the Sussex Civic Center. We may not have "sand between our toes," but we will hear the sounds and taste the foods of the islands.

Free roundtrip transportation available.
Reservation required at time of registration.

Alzheimer's Awareness Series

Time: 1-2:30 pm
Pewaukee City Hall
Common Council Chambers
FREE, please register in advance

Healthy Living for Your Brain and Body
Tuesday, March 28
Class # 1760.1

We know the body and brain are connected. Now science is able to provide insights into how to optimize our physical and cognitive health as we age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement and use hands-on tools to help you incorporate these recommendations into a plan for a healthy lifestyle.

The Basics: Memory Loss, Dementia and Alzheimer's Disease
Tuesday, April 25
Class # 1760.2

This program provides information everyone should know about memory loss and what it means for all of us. Explore memory loss, dementia and Alzheimer's disease. Learn about risk factors, research, treatments and steps to a proper diagnosis/assessment.

Sussex Support Group for Caregivers

4th Mondays of the month beginning 12:45 pm
Sussex Civic Center

Are you providing care and support for a family member or loved one with medical or dementia related needs? Can you use some helpful suggestions or just a friendly face and support from someone who understands what a day is like for you? Join us for our "all new" monthly support group, the 4th Monday of each month, right here in Sussex. For more information or questions, call Jean Horner, Sussex Senior Program Coordinator, at 246-5200.

ADULT ENRICHMENT

Basketweaving Studio

Tuesdays, January 24–April 25
9 am–12 pm
Sussex Civic Center
\$12 per person each week
No pre-registration necessary

Students of all levels are welcome to weave a project of their choice with the guidance of an experienced instructor. Project materials are available for purchase through the instructor or bring your own. Tips are provided for all aspects of basket making. This is an open studio—come on as many days as you'd like! Bring the following supplies to each session: clippers or strong scissors, 10–15 clip clothespins, old towel, small flat screwdriver, pail or bucket, plant mister, pencil and needle nosed pliers.



In the Kitchen Cooking Demos with Staci Goers

Mondays/Wednesdays, 6:30–9 pm
Wagner Park, Pewaukee
\$24 R, \$29 NR / Register at least one week prior to class

Modern Twist on Classic Soups

Monday, January 30
Class # 1902.1

You can never have too many soup recipes and these are sure to please! Hearty and filling, soups are the best part of living in a cold weather state. You'll sample Split Pea with Barley, Vietnamese Pho Bo, Quick Chicken Posole and Cream of Cauliflower with Saffron.

Better than Chinese Take-out

Wednesday, March 29
Class # 1902.2

Chinese food is something that we are all familiar with-or are we? After all, "Chop Suey," one of the

most famous Chinese restaurant dishes, is not even Chinese; it was invented in America to suit our American tastes. This class will tackle some of the best Chinese restaurant take-out dishes so you can have that comforting flavor without ever leaving your house. You'll sample Moo Shu Pork with Scallion Pancakes, Sweet and Sour Chicken, Better than Takeout Fried Rice and Chinese Almond Cookies.

Oodles of Pan-Asian Noodles

Wednesday, May 24
Class # 1902.3

Pan-Asian food is a variety and combination of Asian food such as Chinese, Japanese, Korean, Thai and Vietnamese. This is not to be confused with Asian-fusion which blends elements of two or more Asian Cuisines to create new, imaginative dishes. Tonight you will sample several popular Pan-Asian noodle dishes that you can recreate in your own home such as...Putt Thai, Singapore Noodles, Vietnamese Caramelized Chicken (ga kho), Stir-fried Udon Noodles, and Thai Basil Lemonade.

Organization Contacts

Organization	Contact	Phone	Website/Email
Boy Scouts of America-Potawatomi Area Council	Headquarters	262-544-4881	www.pacbsa.org
British Car Field Days	John Stockinger	262-521-1072	
Circlemasters Flying Club	Jason Nettesheim	262-246-0348	www.circlemasters.com
Elmbrook Youth Hockey	Sharon Mielke	262-345-5016	www.elmbrookyouthhockey.org
Girl Scouts of America-Wisconsin Southeast	Headquarters	262-544-8777	www.gswise.org
Hamilton Youth Basketball (Jr. Charger Basketball)	Andy Cerroni	414-217-9715	www.hamiltonbasketballclub.com acchargersbball@gmail.com
Independence First (Rec opportunities for adults/youth with disabilities)			www.independencefirst.org
Sussex Jayhawks Football			www.sussexjayhawks.com
Land 'O Lakes Baseball	Sussex Club-Jim Gasper	262-751-8190	www.lakesbaseball.com
Milwaukee Ultimate Frisbee Club	Rich Sereg	414-412-7681	www.milwaukeeultimate.com
Sussex Adult Softball Association	Greg Lauer	262-246-8678	
Sussex Antique Power Association	Kevin Reimer	262-389-9548	www.sussexantiquepower.com
Sussex Area Tennis Association	Greg Smith/Herri Pellechia		sussextennisrules@gmail.com
Sussex Hamilton Youth Wrestling			www.sussexwrestling.com
Sussex Jr. Chargers Baseball			www.jrchargersbaseball.com
Sussex Lisbon Area Historical Society	Fred Keller	262-246-3603	www.slahs.org
Sussex Lisbon Youth Baseball Association	Greg Indestad	262-820-0222	www.slyba.com
Sussex Lion's Club			www.sussexlions.org
Sussex Sled Bugs (Snowmobile Club)			www.sussexsledbugs.org
Pewaukee/Sussex Soccer Club	Chris Beverung		www.pewaukeesussexunited.com
Sussex Lady Chargers (Girls Fastpitch Softball)	Carrie Dercola	262-246-9877	www.chargersfastpitch.com
Sussex Tops Soccer (for children with disabilities)	John Burke	414-545-0069	xjxj@yahoo.com
Templeton Bulldog Football (Jr. High Football)		262-246-6471	www.ballcharts.com/bulldogs09
VFW — Post #6377	Chuck Eberhardt	262-820-9704	www.myvfw.org/wi/post6377
Volunteer Organization of Women in Sussex		262-617-7387	http://www.vows-sussex.org
Waukesha County Park System	Reservations/Park Info	262-548-7801	www.waukeshacountyparks.com

Looking for a Place to Host a Party or Family Event?

The Park & Recreation Department has several facilities that may be rented throughout the year. Park & Facility Permit forms, pricing and guidelines, credit card payment options and policies and procedures are available at the Sussex Civic Center, or can be downloaded from the Village website at www.villagesussex.org.

Our new Civic Center offers multiple rentable spaces that can accommodate meetings, trainings, parties and events from 18-250 people. Prices listed below are based on a 4-hour rental. Some rooms have shorter rental options. Look for full details and pricing on the Village website.

If you have any questions regarding the rental of any park or facility, call the Parks & Recreation Department at 262-246-5200 or email recinfo@villagesussex.org.

ENCLOSED FACILITIES

Enclosed Facilities	Location	Rental Fee (R)	Rental Fee (NR)	Deposit	Capacity	Equipment/Amenities
Lion's Building	Sussex Village Park	\$100	\$100	\$100	40	Electricity, Restrooms, Tables, Chairs, Refrigerator
Multipurpose (A)	Sussex Civic Center	\$75	\$94	\$150	18	Electricity, Restrooms, Tables, Chairs
Multipurpose (B)	Sussex Civic Center	\$150	\$188	\$150	150	Electricity, Restrooms, Tables, Chairs*
Senior Dining	Sussex Civic Center	\$150	\$188	\$150	50	Electricity, Restrooms, Tables, Chairs*
Senior Dining Plus MP (B)	Sussex Civic Center	\$300	\$375	\$150	200	Electricity, Restrooms, Tables, Chairs*
2nd Floor Conference	Sussex Civic Center	\$75	\$94	\$150	12	Electricity, Restrooms, Tables, Chairs
Multipurpose (C)	Sussex Civic Center	\$75	\$94	\$150	40	Electricity, Tables, Chairs, Restrooms (No food or beverage allowed)
Board Room w/Patio (before 2 pm)	Sussex Civic Center	\$300	\$375	\$200	175	Electricity, Tables, Chairs, Restrooms, Refrigerator**
Board Room w/Patio (after 2 pm)	Sussex Civic Center	\$400	\$500	\$200	175	Electricity, Tables, Chairs, Restrooms, Refrigerator**
Armory Concession Stand	Armory Park	\$50	\$50	\$100	20	Electricity

* Kitchen available with fee

** Setup/cleaning included

OPEN SHELTERS

Shelter	Location	Rental Fee	Deposit	Capacity	Equipment/Amenities
Lion's Open Air	Sussex Village Park	\$155	\$100	240	Electricity, Port-A-John, Picnic Tables
North Open Air	Sussex Village Park	\$80	\$100	60	Electricity, Port-A-John, Picnic Tables
Early Days Open Air	Sussex Village Park	\$55	\$100	40	Electricity, Port-A-John, Picnic Tables
Armory Park Open Air	Armory Park	\$55	\$100	40	Electricity, Picnic Tables, Restrooms



Senior Dining & Multipurpose B



Board Room & Patio



2nd Floor Meeting Room





Sussex Parks and Recreation Department Registration Form

N64W23760 Main Street., Sussex WI 53089



262-246-5200 Office

262-246-5222 Fax

www.villagesussex.org

recinfo@villagesussex.org

Parent/Guardian or Adult Participant Name: _____ Adult Date of Birth: _____
Last Name First Name (s) (ex. 01/01/1960)

Address: _____ City: _____ State: _____ Zip: _____

Phone: () _____ Cell: () _____ E-mail address: _____

Emergency Name: _____ Relationship to Participant: _____ Phone: () _____

I/We _____ would like to **volunteer coach or assist** with the following: _____
Name of volunteer (s) Program (s)

Americans With Disabilities Act - The Village of Sussex complies with the Americans with Disabilities Act and will make reasonable modifications to support inclusive recreation participation. The Recreation Department requests ample notice regarding special assistance needs. This will allow our department proper planning time to accommodate special assistance needs. For answers to your questions about recreation inclusion, call Megan Sackett at 262-246-5200 or e-mail Megan at msackett@villagesussex.org. I/We need reasonable modifications to participate in recreational programming.
Circle one: Yes No

Class/Trip ID# Example: 1118.0 Found in each Description.	Program Name Example: senior fitness, t-ball, coach pitch	First Name of Participant (s) Note: If last name of child is different from parent listed above, please provide the child's last name.	Male Female		Date of Birth Required for everyone. Youth Adults Senior Citizens	Age	Grade	T-Shirt Size <u>Youth Team Sports</u> YS - 6-8 YM - 10-12 YL - 14-16 <u>Adults</u> S, M, L, XL, XXL	Fee/Cost Be sure to submit the appropriate fees.
			Circle One						
			M	F					
			M	F					
			M	F					
			M	F					
			M	F					
			M	F					

Transaction TOTAL

Payment Method (Check all that apply.) <input type="checkbox"/> Checks Payable to: Village of Sussex <input type="checkbox"/> Cash <input type="checkbox"/> Gift Certificate <input type="checkbox"/> Credit Card If for any reason payment is returned as "not payable" a service fee of \$30 is charged for each returned submission. Full payment plus accrued service fees must be paid in full to become registered.	Statement of Liability and Understanding The undersigned, participant (adult), parent/guardian or a designee do hereby understand that I have registered the individuals herein to participate in the aforementioned activities. I further agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand the requested programs, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Village of Sussex. I have read and agree to the registration and related policies, procedures and/or guidelines. I understand that any intentional misrepresentation about residency or age will result in removal from programming (forfeiting all fees/costs). I agree to provide proof of residency upon request. I read the enclosed and accept. By signing this, I agree to comply with the Code of Conduct policy set forth by the Village of Sussex and will accept the ramifications should I not adhere to it. By signing this form, you are stating that you understand the importance of recognizing and responding to the signs, symptoms and behaviors of a concussion or head injury and have read the Parent Concussion and Head Injury information on the Village of Sussex website. I agree that my child must be removed from practice/play if a concussion is suspected and seek medical treatment. Adult Participant, Parent/Guardian, or an Adult Designee Signature is required for this registration to be valid. _____ Signature _____ Date
---	--

Required Information for Credit Card Transactions (write legibly)
*This credit card information is required for mail-in, drop-box & faxed registrations.
 Present credit card for immediate processing.*

Circle One: Visa MasterCard Discover American Express **Total amount to be applied to card:** _____

Card #: _____ **Expiration Date:** _____

Entire name is it appears on the credit card (please print legibly): _____

I Cardholder acknowledges receipt of goods and/or services in the amount of the Total shown hereon and agrees to perform the obligations set forth in the Cardholder's agreement with the Issuer.

Signature (REQUIRED): _____ (This portion of the form will be destroyed after transaction is complete.)

Recreation Department Policies

Registration Policies

- Registrations are processed on a first-come, first-served basis, with this exception: registrations received prior to the designated registration dates will be kept in our safe until the designated registration date.
- Register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment and purchasing supplies.
- Registration Expectations: A minimum and maximum numbers of participants are required for each program. These guidelines are necessary to ensure the best possible instruction for each participant. The department may increase or reduce program size if necessary.

Where enrollment is low, the Recreation Department reserves the right to cancel a program. Program cancellations due to low registration will be made at least two (2) days before the start of the program. Participants will be notified by the Recreation Department and will receive a 100% refund of the program fee.
- Do I pay resident or non-resident fees? If you pay your residential property taxes to the Village of Sussex, you are considered a resident. Any taxing municipality outside the Village of Sussex is non-resident. Unfortunately, being in the Sussex Hamilton School District or having a "Sussex" mailing address does not necessarily mean you are considered a resident of the Village. Non-resident participants pay higher fees because a portion of the Village of Sussex property taxes is designated to pay for the buildings, parks, instructors and administration of recreation services.
- Individuals under age 18 must have parent/guardian signature on registration in order to participate.
- Individuals are placed on waiting lists if their requested program is full. If space becomes available, we will call individuals on the waiting list.
- Registrations are not processed if an incorrect payment accompanies the registration form. We will not reserve spots open until full payment has been received. Inadvertent overpayments are placed on the payee's Activenet registration account.

- Do not participate in a program you are not registered for.
- If a payment is returned as "non-payable" for any reason, there will be a charge of \$30 for each returned submission. Accounts are suspended and individuals are removed from program rosters and must not attend any

further classes until issuer pays in full the balance due plus all accrued service charges.

Refund Policies

- Customers seeking refunds have two options. One is to receive a refund back in the original form of payment. The second option is to place the refunded amount on your Activenet registration account to be used for future recreation programming fees. Money placed on your Activenet registration account does not expire. Program registration cancellations requested prior to the registration deadline will receive a refund minus a \$10 administrative fee. If the refund is placed on the Activenet registration account, only a \$5 administrative fee will be assessed.
- Program registration refund requests can be made up to one week past the program start date. Should the request be approved, a refund will be made minus a \$10 administrative fee. If a refund request is made for which the Recreation Department has incurred expenses on your behalf, a refund may not be granted. Expenses may be but are not limited to: uniforms, equipment, supplies, etc.
- Online convenience fees are non-refundable.
- Program registration refund requests that are submitted after the first week will only be considered with a physician's note stating the patient is unable to participate in the activity that is required. The refund will be pro-rated based on the date of the physician's note.
- Once a program begins, registration remains open at the advertised registration fee as space allows and with instructor permission.
- Refunds will not be made for individual absences (i.e. illnesses, vacations, etc.) and cannot be made up nor may you participate in a class other than the one you are registered for.
- Trip cancellations must be made prior to the registration deadline date. Any trip cancellation received prior to that deadline date may receive a refund, minus a \$10 administrative fee. Cancellations requests received after that deadline will only receive a refund if a replacement is found. The \$10 administrative fee will still apply.
- The Parks & Recreation Department will try to reschedule a make-up class if a program has been cancelled due to adverse weather conditions. There will be no refund if a class cannot be rescheduled or if a participant cannot make the rescheduled class.

Registration Modifications/Transfers

Modifications to the original registration must be made in writing and are subject to a \$5 administrative fee per transaction. These may include but are not limited to transfer to another session or program, removal of Before or After care for Day Camp, etc. All assessed fees must accompany the written request.

An example of a modification or transfer would be if a child is registered for the first week of Day Camp and wants to transfer to Week 6 of Day Camp. This would also apply to any adjustments made to Before or After Care for Day Camp.

Program Information Distribution

The Parks & Recreation Department direct mails three seasonal Recreation brochures per year to all residents in the 53089 zip code, along with portions of Merton, Hartland, Colgate, Richfield, Pewaukee, Menomonee Falls and Lannon. In addition, copies of the Recreation Brochure are available at the Pauline Haass Library, Sussex Village Hall and Sussex Civic Center or on the Village of Sussex website. Unfortunately, we do not mail individual copies upon request.

Adverse Weather Condition Guidelines

If adverse weather conditions exist and the Sussex Hamilton School District has closed its schools or cancelled their activities, the recreation programs and events are cancelled. When the District is no longer in session, the weather delay or cancellation announcements will be posted as listed below.

Should adverse weather conditions be imminent or exist, recreation staff will post notification of the cancellations/changes in the most effective manner. The responsibility lies also with individuals to inquire about potential closings or cancellations. Every effort is made to give reasonable, prudent and advanced notice to registered participants by any of the following:

- Facebook and Twitter
- www.villagesussex.org
- Taglines on local TV stations
- Email to registered participants

We DO NOT call individual registered participants to announce cancellations or changes.

Insurance/Liability

Activities are conducted in a safe manner. There is an inherent risk of injury when choosing to participate in recreational activities. The Village of Sussex does not provide hospital/medical insurance coverage for persons participating in our recreation programs and events. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

Americans with Disabilities Act

The Village of Sussex will make reasonable modifications to support inclusive recreation participation. We request ample notice regarding special assistance requests; this will allow us proper planning time to accommodate needs. If you require special accommodations in order to participate, please inform us when you register.

Program Observation

In an effort to better promote a positive learning environment for programs, only

registered participants are permitted in the program area. Our instructors welcome the opportunity to discuss participant's progress with parents after class.

Sharing Personal Information

The personal information provided to the Sussex Recreation Department on the registration form is used solely for the purpose of participating in Sussex Recreation programs. The Sussex Recreation Department will not share information with outside parties.

Say Cheese!

Our Recreation Department periodically takes pictures of participants in our classes, during special events, and in the Village's parks. Please be aware that these photos are for recreational use and may be used in the Village's brochures, pamphlets, flyers, or Web site. You must give us written notice if you or your family members do not want to be photographed or published.

Announcements

- Smoking and alcohol are strictly prohibited in any Village-owned property.
- No guns or weapons are allowed in any Village-owned building.

Lost and Found

The Recreation Department is not responsible for any items lost or stolen during participation in any Village-sponsored activities. Any found items are taken to the Sussex Civic Center. Any unclaimed items are donated to a local charitable organization at the end of each season.

New Program Ideas

The Parks & Recreation Department is always receptive to suggestions for the development of programs. A program proposal form must be completed to provide preliminary information. The form is available on the Village of Sussex website.

Code of Conduct

Recreation programs can be used as an opportunity for people, young and old, to learn how to engage in healthy activities while maintaining respect for themselves and other participants. Benefits are derived from the participant's attitude toward the program and the adherence to accepted standards of behavior. The complete Code of Conduct Policy can be reviewed at www.villagesussex.org. By participating and authorizing participation in Sussex Recreation activities, programs and special events, individuals agree to adhere to the Codes of Conduct set forth.

Program Errors/Changes

Occasionally there may be a misprint within this program guide. We will make every effort to correct the error as soon as possible. The Parks & Recreation Dept. reserves the right to cancel, postpone, combine classes, change program locations or times for various reasons. Notification will be given in the most efficient manner possible.

GIFT CERTIFICATES AVAILABLE

SURPRISE SOMEONE
with a gift certificate
for any dollar amount
to be used toward a
recreation program or trip.

PURCHASE
GIFT CERTIFICATES
at the Sussex Civic Center
from 8 am to 5 pm M-F
or online at

[https://apm.activecommunities.com/
sussexrec/Home](https://apm.activecommunities.com/sussexrec/Home)

Sussex Civic Center
N64W23760 Main Street
Sussex, WI 53089

PRSRT STD
US Postage Paid
Permit No. 1
Sussex, WI 53089

ECRWSS
Postal Customer

Sussex Park & Facility Locations

(Facilities most often used for programs and events)

Sussex Civic Center
N64W23760 Main Street

Sussex Village Park
W244N6067 Weaver Drive

Melinda Weaver Tennis Courts
W239N6046 Maple Avenue

Wagner Park
N31W23320 Green Road
Pewaukee

Menomonee Park
W220 N7884 Town Line Road



SEND YOUR ADVERTISING MESSAGE TO EVERY HOME & BUSINESS IN THE SUSSEX AREA

The Sussex Recreation Department offers unique advertising opportunities in our RECREATION GUIDE, delivered to thousands of homes and businesses each year.

Call the Sussex Civic Center at (262) 246-5200, or email us at recinfo@villagesussex.org.

You may review the Advertising and Sponsorship Opportunities Brochure made available to you at www.villagesussex.org, Sussex Civic Center and the Pauline Haass Public Library.

*A proud supporter of
Sussex Parks & Recreation!*



Sussex Office
(262) 246-0442 • Hwy 164, just North of Hwy VV
www.WaukeshaBank.com • Member FDIC